

## **Health and Wellbeing Steering Group Meeting**

### **Civic Centre**

## **Tuesday 21 November 2017**

#### 10am - 12 noon

In attendance: Cllr Sue Frasier (Warminster Town Council); Dave Reeves (Avenue Surgery Patient Participation Group); Kate Lindsay; Deborah Gogarty (Champion); Bernice Robbins (Champion); Dennis Tones (Cornerstone); Nicky Billington (Avenue Surgery); Babs Harris (Alzheimer's Support); Cllr Andrew Davis (Wiltshire Council); Keith Humphries (Health and Wellbeing Chair); Jacqui Abbott (Wiltshire Council)

- 1. The meeting welcomed all and in particular, the new Older People's Champion Deborah Gogarty.
- 2. Notes and matters arising

All would be covered under the items in the agenda.

#### 3. Updates:

#### i. Dementia Centre, Old Silk Works:

- Sorting out building at moment. Looking at New Year 2017.
- 4 December There would be a street collection in Warminster and also to raise the profile
- Full house meeting for all planned for February. 48 spaces for people with Dementia.
- Art group on Monday
- Memory Café was a possibility
- Fundraising would be undertaken
- Volunteers required

#### ii. Cornerstone:

3.5 years; 1500 clients; universal credit is a problem. Volunteers have been trained. Taking people all the way through the system. Things seem to be getting a bit better regarding the system. Cornerstone help with accommodation also.

Library also helps with UC application once set up on line on a Thursday. But Cornerstone help with those who are not IT literate.

Mobile Cornerstone – 2 visits to hospital; 2 in Codford (help with refugees and UC); home visits also.

Counselling project – local qualified counsellors – Mondays and Wednesdays 10-12 – clients can speak to counsellor for small contribution.

#### iii. Avenue Surgery:

2 buildings now, working well. Station Road clinic – duty doctor every day and assessment nurses plus health care assistant.

POD – prescription ordering direct - ring up for prescriptions – advice and ordering.

From 6 December will stop the manual box and move to POD.

Can sign up on line.

#### iv. Carers Champion

See update report attached

- v. Health Watch none provided
- vi. Age UK none provided
- vii. Health and Social Care sub-group meeting on December 6th

See notes attached

#### 4. Future Initiatives

#### a. Community activities for older people

Excel spreadsheet – Jacqui will set this up on google form so that everyone can contribute.

Debs has offered to help.

#### b. Transport - round table discussion

Where are the gaps in transport?

Difficulties – going to Salisbury for Mental Health Appointments – villages difficult

Link scheme – seems to be a well-kept secret in Warminster.

Hospital appointments – Arriva service

Links seem to be there

#### c. Contact Community First re: all of their schemes. How many drivers and how many trips

they do etc.

#### Set up a meeting with Community First re: Community Transport and Wilts Council

#### Action: Jacqui to look into this

What are the needs – what are the solutions – then find the gaps – do the solutions serve the needs? Do people know about them?

#### d. Men's Shed

Jacqui visiting Silk Works next week.

Jacqui setting up a meeting to gauge / re-galvanise interest in New Year.

#### e. Mental Health Carers Events 23.11.17

All organised for 23 November. Joint effort – Wilts Council and AWP with help from Champion (Bernice). Lots of publicity had been undertaken.

#### f. DAA / Safe Places

This needs a re-focus and a small group of people behind it. Need for a contact co-ordinator as in other areas, rather than the Community Engagement Manager. Will be useful to liaise with the Dementia Centre.

#### AOB:

Carers' coffee morning is so successful via the Avenue Surgery. There is a need for a larger venue – possibly Civic Centre

Doctors Away Day - 100 people!

All Together Better funding via NHS useful.

Apetito Trowbridge – free Sunday lunch on their premises every week for anyone to attend.

Dates of Future Meetings:

Tuesday 20 Feb 10 - 12

Tuesday 22 May 10 - 12

Tuesday 18 Sep 10 - 12

Tuesday 04 Dec 10 - 12

## Appendix I

# H & W Steering Group - Carer Champion's Update 20/9/17 to 20/11/17

## From previous report:

- ◆ Ref: Altzheimers Support Day Club development at Silk Works continues, slightly delayed while finishes etc are agreed. It will be a focal point for Warminster's Dementia Action Alliance. *Note: Dementia is a Degenerative Brain Disease, not a Mental Health condition (quote CEO Alzheimers Support)*
- ◆ Ref: Area Board Mental Health Awareness meeting: I have not yet tracked down the Wiltshire Mental Health Needs Assessment
- ◆ Ref: Wellspring up and running with a few steady attendees and numbers creeping up.

## Continuing work:

- ◆ Avenue Surgery Carer Liaison The surgery have now provided a breakdown of Carer numbers: Total registered – 712 and of those: The greatest numbercare for Diabetes patients, then Cancer, Dementia and Parkinsons.
- ◆ Attended AWP Care<u>rs</u> Forum 5/10/17 and 8/11 and Care Forum 13/9 and 8/11/17. Topics covered include actions in many areas of the Trust's work and developments related to their STP (Sustainable Transformation Partnerships). There was a presentation by the Intensive Service Manager at Green Lane Hospital mentioning that lack of transport to get out-patients to their appointments is a problem all over Wiltshire, as is the lack of personnel to provide the emergency assessments so necessary to provide the emergency services they aim to provide. The need for 3<sup>rd</sup> Sector help is a priority. Healthwatch introduced their current project finding information on Support Groups that exist all over Wiltshire but are not known to Hospitals and Clinics so that patients can be referred to them. Lists are being compiled to fill this gap. Planning the Carers Charter event next week was also a topic.
- ◆ 4/10 attended Carers Support Wiltshire event in Devizes. Spoke at length with the Mayor of Trowbridge about Champion Duties and activities, later providing contact details of Trowbridge's Carers Champion. Also supplied details of the Silkworks Project to a lady from Mere.
- ◆ Attended Avenue Surgery PPG 17/10/17 Update on happenings at the surgery.
- ◆ Attended the Avenue Surgery Carers' event 15/11 and met several carers, providing contacts and support where necessary.